

QUICK BRIEFS

NEWCOMER’S ORIENTATION: The next newcomer's orientation briefing is scheduled for Tuesday at the Goodfellow Club.

Only individuals who have been scheduled by Senior Airman Christina Kuske or the commander’s support staff must attend in order to maintain data integrity and accountability.

The orientation starts at 7:45 a.m. and is an all-day event.

For more information, call 654-3307.

ATTENTION ALL GOODFELLOW USERS: The AETC NOSC has rescinded the policy requiring all workstations to automatically be logged off within 15 minutes of the CAC being removed from the workstation. If you remove your CAC from the reader, your workstation should automatically lock the session, but should not log you off after any period of time.

If you have any questions regarding this policy or how it may affect you, please contact your unit CSA.

AFBC MEETING: The Air Force Ball Committee is scheduled to meet today at 2 p.m. in the 17th Medical Group conference room to discuss matters regarding this year's Air Force Ball.

MC AUDITIONS: The Air Force Ball Committee is scheduled to conduct auditions today for Master/ Mistress of Ceremony for this year's Air Force Ball at 3 p.m. at the base theater.

For more information regarding the two Air Force Ball Committee events, call Maj. Ana Hall at 654-3632.

First Junior Firefighter Camp is “smokin”

By 2ND LT. JENNIFER LEE

PUBLIC AFFAIRS

For the first time, Goodfellow hosted a Junior Firefighter Camp on July 17-21. The base fire department personnel launched a pilot program for the youth that it hopes to continue on a yearly basis. This year's event was attended by nine children of the fire department personnel, but the staff plans to open up the event to Goodfellow's general public next year.

According to Darrell Drost, assistant chief, the career field is not limited to the gory details of just fighting fire, like many people believe. In fact, one of the main functions for a firefighter is to facilitate education and increase public awareness, he explained. True to the staff's aspirations, the program taught practical skills and allowed its participants to experience the true environment that firefighters face.

According to Olin Malone, lead firefighter, the main purpose of the camp was to promote education and awareness among the youth. During the 5 half-days camp, attendees participated in hands-on sessions where they applied the principles they had learned.

The camp started with an orientation on Monday and completed with a graduation on Friday. Attendees learned first aid, prepared fire evacuation plans, practiced exiting drills, and conducted search and rescue, among other essential training activities of the career field.

Each lecture was tied-in with an application activity. For example, for the search and rescue lesson, there was a lecture on how to conduct the steps of the procedure and demonstrations of the proper use of equipment involved. Following this, attendees went into a simulated smoke-filled room in pairs to find and rescue the 25-pound dummy, also known as Steve. The smoke was similar to an actual situation, and participants learned to rely on their senses of touch

and hearing. This is critical in an environment where the surrounding smoke is so thick and black that sight is not an option. Such ideas, after being taught in lectures, were reinforced through fun but practical hands-on experiences.

The smoke simulation training was a particularly important segment in the youth's educational experience. In a fire, many children tend to hide in closets and underneath beds, or flee from firefighters, scared of the breathing sounds of one adorned with an air mask, explained Mr. Malone. Without prior exposure to such equipment, it is easy to see why this may frighten them. In a dark smoky environment,

it is impossible to identify anything visually and the wheezing of the breathing equipment is akin to the sounds of Darth Vader straight out of a Star Wars episode. Even if a child was able to see, the visual isn't much more appealing than the sounds and could be scary to those unfamiliar with a firefighter's uniform.

When asked whether the event disrupted the staff's regular duties, Mr. Drost explained that because the camp details were prepared in advance, all required departmental training was completed around the event. Coordination and planning began in May to ensure its success and promote community involvement.

The commissary donated all the snacks while the in-house Firefighter's Association funded the necessary supplies.

Already, the department received good feedback through word-of-mouth from those who were involved, and there is great anticipation for the upcoming year. Firefighters involved at various levels in this year's event are gearing up for next year's camp, anticipating greater participation.

When asked what prompted the participants to attend camp this year, several of the youth answered that they are interested in becoming firefighters themselves. In the future, we may see a swell in the career field.



Yeehaw! A Successful Round-up

By 2ND LT. JENNIFER LEE

PUBLIC AFFAIRS

Already, the new change in requirement for the state-funded pre-kindergarten program that now allows children of military members to enroll in public education is setting off a large and positive buzz at Goodfellow. It seems that the consensus of military

Marine Corps Gunnery Sgt. Robert Scoble, 312th Training Squadron, seemed visibly content as his wife filled out the necessary enrollment forms. He stated, "I love it. It's awesome. We didn't meet qualifications [before]. This works out nicely for us." When asked about the requirement, Laurie Ambrose, spouse of Tech. Sgt. Larry Ambrose, 312 TRS, was genuinely and openly enthused. "I'm ecstatic. Not



Photo by Airman 1st Class Luis Loza Gutierrez

(Far left) Suzanne Gould, a school counselor from Crockett Elementary, helps parents register their children for pre-kindergarten July 18 at the Airman Family Readiness Center.

parents and their spouses is that it provides more access and offers forms of childcare and support which were not available before. The registration Round-Up was held on July 18 at the Airman and Family Readiness Center from 10:30 a.m. to 2 p.m. However, some parents were so excited and eager that they arrived well before the sign up time.

just being military, but as the mother of a 2-year-old boy and 4-years-old twins. I'm excited, excited, excited!" Perhaps Tech. Sgt. Richard Slater, 315th Training Squadron, summed it up best. "It will be a benefit to all, mainly due to the fact that it opens up more doors. All the programs in San

SEE PRE-K ON PAGE 4

17 SFS remembers deployed members

By AIRMAN 1ST CLASS LUIS LOZA GUTIERREZ

EDITOR

Marsha Hughes, 17th Security Forces Squadron admin/reports flight commander and Sandy Nunez, 17 SFS secretary teamed up to show support to the deployed members of their unit by creating a wall display in their honor.

"This was a group effort throughout the squadron with others coming up with ideas of how to display the board," said Ms. Nunez.

"About a month ago Maj. Kenneth O'Neil, 17 SFS commander, stated that he would like to have a display and have it for the deployed troops," added Ms. Nunez.

Ms. Hughes and Ms. Nunez said they got together to discuss what options they had and what type of materials they would need. That same evening, Ms. Hughes went out and purchased the supplies, and the duo worked together on the display until it was completed. The display was named the 17th Security Forces Deployed Defenders.

The 40 inches by 40 inches display constructed of foam board, cotton, cloth, pins and pictures features photos of 18 security forces members, which includes the 13-person team that

deployed as one unit. The photos are arranged according to location of deployment and the 13-person team is arranged by fire team order. The security forces members featured on the display are currently deployed in five separate locations.

It didn't take long after the display was put up that people began to notice the display and share some thoughts and comments about it.



Photo by Airman 1st Class Luis Loza Gutierrez

Marsha Hughes, Sandy Nunez and Maj. Kenneth O'Neil pose for a photo in front of the 17th Security Forces Deployed Defenders display Tuesday inside the 17 SFS building.






"We have received positive feedback from base customers coming in for police services, and it's neat that they stop and look at it before they leave the building. Col. Scott Bethel, 17th Training Wing commander, recently saw the board and relayed that it was a

SEE DISPLAY ON PAGE 4

INDEX

Commentary _____ 2
News _____ 3
Services _____ 4, 5
News Briefs _____ 8
Community _____ 6
Sports _____ 9, 10

WEEKEND FORECAST

Friday	High: 98	
Rainy	Low: 72	
Saturday	High: 95	
Rainy	Low: 71	
Sunday	High: 96	
Partly Cloudy	Low: 72	

INSIDE THIS WEEK

17 TRW
Quarterly
Awards
Page 3



SAFETY TIP OF THE WEEK

When driving through parking lots on base, please limit your speed to no more than 10 MPH and use the lanes of traffic when entering or exiting these parking lots. Cutting through parking spaces and parked cars may eventually lead to a mishap. GAFBSUP 31-204.

Response Line



The Response Line is a communications tool provided for everyone with comments, questions, complaints and suggestions. I am committed to provide the best services and programs to all of our customers, and you can help to make them even better. If there is a way we can make something better, I ask that each individual contact the specific organization, try to resolve any concerns at the lowest level, and then follow the chain of command.

If the process does not produce results, please send an e-mail to:

17trw.responsesline@goodfellow.af.mil.

Your comments or questions will be documented.

Be sure to include your name and a phone number where you may be contacted for more information or a personal response. Items of general interest may be printed in the Goodfellow Monitor.



Bethel

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Goodfellow Monitor



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Editorial content is edited, prepared and provided by the public affairs office of the 17th Training Wing. The staff reserves the right to edit for style, clarity, consistency and space. The staff also reserves the right not to print any submission. All photographs are Air Force photographs unless otherwise indicated.

Submission deadline

Deadline to submit articles for inclusion in the Monitor is 10-calendar days before publication. The staff accepts stories via e-mail to monitor@goodfellow.af.mil.

Advertising

For information about placing commercial advertisements in the Monitor, call the Standard-Times at 659-8309. To place classified ads, call 655-SELL (7355).

Bayonets for the charge

Commander's Column

By LT. COL. RICHARD MOOREHEAD

316TH TRAINING SQUADRON

In this time of shrinking budgets and personnel reductions, leadership becomes even more important to our armed forces. Across our base and across our military, we hear of budget cuts and personnel cuts, but no reduction in our mission requirements. The obvious question many ask is how do we continue to successfully accomplish our mission with less? When we speak of limited resources and less than ideal manning, I think of a leader who faced such challenges and accomplished the impossible through a positive attitude and strong leadership.

Col. Joshua Chamberlain was a college professor in Maine at the outbreak of the American Civil War in 1861. He had no formal military education, but a strong desire to serve his country. Offered command of the 20th Maine Regiment, he declined because he wanted to "start a little lower and learn the business first." He was made a lieutenant colonel in the regiment and fought at

Fredericksburg, Antietam, and Chancellorsville. At Chancellorsville, he was promoted to colonel and took command of the 20th Maine.

The Battle of Gettysburg occurred in early July of 1863. On July 2, four Union regiments took their positions on a small, rocky hill called Little Round Top. The 20th Maine was at the far left of the Union battle line. The 20th's mission was to hold their position at all costs and not allow themselves to be flanked by the Confederates. If the Confederate force could flank the Union position, they'd be able to decimate the four regiments and remove an entire Union brigade from the battle. Little Round Top was a significant piece of terrain during the Battle of Gettysburg because its commanding heights would

have allowed Confederate artillery to sweep the entire Union line. Barely ten minutes after Col. Chamberlain and his 385 men took their position, the 15th Alabama Regiment attacked. As the attack progressed, Chamberlain noticed a large force moving around his left in an attempt to flank his position. Between Confederate attacks, he repositioned his men so his line of troops bent back against itself in the shape of a "V." The point of the V pointed toward the attacking Confederate troops. The Confederate forces overtook the 20th Maine's position three times, only to be forced back all three times. At times, Col. Chamberlain reported seeing more enemy around him than his own men.



Moorehead

Between waves of Confederate attacks, the 20th Maine's men would search the nearby dead bodies for ammunition.

After 90 minutes of fighting, the 20th Maine's position was precarious. They could not repel another Confederate assault. His numbers were depleted-over a third of his men were dead or wounded. His troops were out of ammunition. He could not hold his position-his men would be overrun. He could not fall back-the Union flank would be exposed and three regiments would be destroyed. So, Col. Chamberlain did the unexpected-the unthinkable-he ordered his men to "fix bayonets" (attach their bayonets to their rifles) and charge the Confederates. He directed his left flank, which had been pulled back to form the "V," to advance. As soon as these troops were in line with the rest of the regiment, the

remainder of the regiment charged, creating what looked like a door swinging shut on the Confederate forces. Col. Chamberlain's tactic, a simultaneous frontal assault and flanking maneuver, caught the Confederate soldiers by surprise. Chamberlain wrote in his After Action Report, "the enemy's first line scarcely tried to run-they stood amazed, threw down their loaded arms and surrendered in whole companies...in this charge we captured three hundred and sixty eight prisoners...the prisoners were from four different regiments." Upon seeing the charging Union troops, the Confederate soldiers mistakenly thought they were outnumbered by a reinforced Union line. In reality, the 20th Maine attacked with only two-thirds of its original strength, roughly 225 troops.

The 20th Maine's accomplishment that day is legendary. This one regiment faced repeated attacks from elements of four Confederate regiments. At the last moment, when it appeared they had no chance of accomplishing their mission to hold the line and protect the Union flank, they charged and captured a much larger force. They not only accomplished their mission, they routed the enemy that day and prevented the Confederate army from capturing a key piece of terrain.

For his gallantry at Gettysburg, Col. Chamberlain was awarded the Medal of Honor. Gen. Ulysses Grant gave Chamberlain the honor of commanding the Union troops at the surrender ceremony of the Confederate Army at Appomattox, Virginia.

Here's what I see in Joshua Chamberlain as a leader. First, he was humble. He knew little about military service and started at a lower rank so he could learn the trade and earn his way to a leadership position.

Second, he was composed under pressure. He was thoughtful and innovative under fire. He devised an unorthodox maneuver under extreme circumstances, demonstrating creativity and cunning.

Third, he was bold. Rather than give up when there was little hope of success, he rallied his troops to do the unthinkable and

SEE BAYONETS ON PAGE 7

Insight to Airmen Against Drunk Driving

By AIRMAN 1ST CLASS LUIS LOZA GUTIERREZ

EDITOR

Airman Against Drunk Driving shares insight to why people should join and support their base organization

"This program really rocks, but we need volunteers and people to utilize us," said Brandi Giles, AADD treasurer.

The AADD is the newest base organization, whose primary purpose is to raise awareness about the dangers of driving while intoxicated as well as preventing it by providing a free, one-stop-location driver service for Goodfellow personnel too intoxicated to drive.

The AADD driver service is currently available Fridays and Saturdays from 10 p.m. to 2 a.m. The group has also worked during special events such as this year's Combat Dining-In and the Goodfellow City Limits Music Concert.

According to organization members, AADD has been in the works for over a year, but the official paperwork was signed on June 2, 2006 of this year allowing it to be recognized as an official private base organization.

AADD currently has about 20 members. Six of those members are the organization officers. They are Airman Dale Shord, president; Staff, Sgt. Zac Levesque, vice president; Senior Airman Andrea Alderete, secretary; Senior Airman Michele Misiano, scheduler; Senior Airman Stacie Hackworth, public

relations officer and Senior Airman Giles, treasurer.

"You should join because this organization is about saving the lives of military members and possible civilian casualties. We foster military taking care of our own and ensuring that the personnel of Goodfellow have a safe alternative to getting home.

This includes all service branches," said Senior Airman Giles.

AADD is open to all Goodfellow personnel of all branches. There are no annual fees for membership. The base group works on donations and various fundraising activities.

AADD meetings are once a month at the Community Center during lunchtime hours. Specific meeting dates and times are sent out on a monthly basis. Any one interested in supporting or joining AADD can contact any of the organization officers previously mentioned or one can contact Airman Shord via e-mail at dale.shord@goodfellow.af.mil or call 654-3453 for information.

"It is important to take advantage of this program whether it is by becoming a member, giving a donation or calling for a ride for yourself or friend. We need to keep our military members safe and prevent drinking and driving and alcohol related traffic accidents. Help us take care of our own," said Airman Giles.

CALL 654-3252 FOR AADD ON FRIDAY/SATURDAY 10 p.m. to 2 a.m. FOR A FREE RIDE HOME, ONE-STOP-LOCATION.



Graphic by Airman 1st Class Luis Loza Gutierrez

17 TRW Quarterly Awards

The 17th Training Wing Quarterly Awards Ceremony was held July 27 at the Goodfellow Club.

The event recognizes service members of all branches and civilians at Goodfellow who have distinguished themselves through their personal and professional achievements.

The event began with the national anthem and an introduction of the distinguished guests, followed by an invocation and introduction of the award nominees.

The winners in each category were announced and presented with their respective awards. Col. Andrew Britschgi, 17th Training Wing vice commander, congratulated all nominees and winners, and thanked them for their efforts. Pictured

below are the award winners. The 17th Security Forces Squadron was selected as the Unit of the Quarter.

Not pictured are: Staff Sgt. Christopher Mercado, 344th Military Intelligence Battalion, Army NCO; Sgt. Nicholas Cook, Marine Corps Detachment, Marine NCO; Master Sgt. Rye Bavin, Goodfellow Noncommissioned Officer Academy, GNCOA; Airman 1st Class Christopher Gapetz, 17th Mission Support Group, Dormitory of the Quarter; Capt. Jaclyn Tennies, 17th Training Group, Unit Safety Representative (Cat I); Staff Sgt. Christopher Starnes, 17th Mission Support Group, Safety Individual. (Story by 2nd Lt. Jennifer Lee. Photos by Senior Airman Michele Misiano.)



1st Lt. Woo-suk Chun
CGO of the Quarter,
17th Mission
Support Group



**SENIOR AIRMAN
ADAM MYERS**
Unit Safety Rep (Cat II)
of the Quarter,
17th Training Group



EDWARD BUSELLI
Civilian of the
Quarter,
WG-09 and Below
17 MSG



JASON STEWARD
Civilian of the Quarter,
WG-10 and Above
17 MSG



JASON MCCOLL
NAF Employee
of the Quarter,
17 MSG



BRENDA CULLETON
Civilian of the Quarter,
GS-06 and Below
17th Training Wing



**PETTY OFFICER 1ST CLASS
GEORGE RUSSELL**
GAFB Service Member
of the Quarter and
Sailor of the Quarter,
Center for
Information
Dominance



DONNA MARRO
Civilian of the Quarter,
GS-07 thru GS-09
17th Medical Group



CHARLES KIRKING
Civilian of the Quarter,
GS-10 and Above
17 MSG



**AIRMAN 1ST CLASS
BLAKE MANUEL**
Honor Guard Member
of the Quarter,
17 MSG



**AIRMAN 1ST CLASS
MICHAEL LAVOY**
Airman of the Quarter,
17 MSG



STAFF SGT. KAMAU JOSEPH
NCO of the Quarter,
17 MDG



**MASTER SGT.
CHRISTOPHER GINTHER**
SNCO of the Quarter,
17 TRG

Excellence in all we do.



Illustration by Airman 1st Class Luis Loza Gutierrez



Graphic by Airman 1st Class Luis Loza Gutierrez



Gene Crabtree gives 11-year-old Cole Schwertner instructions on how to properly use a fire extinguisher to put out a fire.



Thirteen-year-old Cody Schwertner learns how to properly climb a ladder.

*Photos by
Staff Sgt.
John
Barton.*



Paul Bourne (far right) shows 10-year-olds Walter Stathers and Pedro Miranda how to tie off an ax to be hoisted to the top of the building.



Junior Firefighter campers raise their certificates of completion after their graduation ceremony Friday at the Goodfellow Fire Department.



Graphic by Airman 1st Class Luis Loza Gutierrez



Photo by Staff Sgt. John Barton

17 LRS gets new commander

Col. Stephen Czerwinski, 17th Mission Support Group commander hands off the 17th Logistics Readiness Squadron guidon to Maj. William P. Roberts during a change of command ceremony July 20 at the Goodfellow Club. Lt. Col. Julie Plummer-Ashbaugh relinquished command of the squadron to Maj. Roberts.



Photo by Staff Sgt. Gina O'Bryan

New commander for 17 TRSS

Col. Donald George, 17th Training Group commander, hands off the 17th Training Support Squadron guidon to Lt. Col. Robert Ehlers during a change of command ceremony Tuesday at the Goodfellow Club. Lt. Col. Shane Smith relinquished command of the squadron to Lt. Col. Ehlers.

From **PRE-K**, page 1

Angelo are very specific and under the income-based program, you had to either enroll your child in private school or find other means. Not all day-cares off-base are accredited. This gives a lot more to the people and gives back to the military."

The Round-Up, hosted by the AFRC, enrolled 26 families that day, according to Maureen Hartford, community readiness consultant. That's even more than Lackland Air Force Base, Texas, which registered 15. The area program, run by the San Angelo Independent School District, is state-funded and provides public school pre-kindergarten services but only to those that meet certain criteria. Previously, children with disabilities, economically disadvantaged, the homeless and families that met poverty income guidelines were eligible (Texas Education Agency, www.tea.state.tx.us).

After the Texas legislature passed House Bill 1 in May 2006, the program is now open to the members of all five military services, active duty, guard and reserve; to service members recovering from injuries sustained while on duty; and the children of those who were killed-in-action. For the 2006 ses-

sion, children must be 4-years-old by Sept 1 this year. In order to register, parents must show proof of military service (photo ID if active duty) and bring the child's birth certificate, immunizations record, social security card and proof of residence.

It is not too late to register; interested personnel may pick-up enrollment packages at the AFRC, Bldg. 300. If needed, SAISD will hire more teachers. "Our school district wants to meet the needs of military families," Ms. Hartford explains. "We are very fortunate they are willing to accommodate our needs."

School starts Aug 23. Parents will be notified by the SAISD of location assignments but they can request a certain school. The organization makes every effort to accommodate areas convenient to the member, as long as that school offers pre-kindergarten services. The only catch is that transportation is not provided, but Ms. Hartford hopes they will be able to implement that into the program next year.

For more information, contact Maureen Hartford at 654-3893.

From **DISPLAY**, page 1

great idea and great job," said Maj. O'Neil.

"The product was a great combination of both women's artistic talents and initiative," he added.

"Members of the 13-person team stated that they were honored by the display and other visitors to the squadron have been impressed," said Ms. Nunez.

When asked what was the reason for the creation of the display, Maj. O'Neil responded with the following words.

"It is important to remember that part of our military family is in harm's way fighting the global war on terror, and it's a constant reminder to keep these family members in our thoughts and prayers until their mission is complete and they are safely back with us."

The display can be viewed at the main entrance of the 17 SFS building.

At a Glance with Services



Friday 28	Saturday 29	Sunday 30	Monday 31	Tue, Aug 1	Wednesday 2	Thursday 3
TEXAS HOLD'EM POKER 7 p.m. in the Refuge Call 654-3247.	TEXAS HOLD'EM POKER BATTLE OF CHAMPIONS 7 p.m. in the Refuge Call 654-3247.	2-4-1 NACHOS Community Center Call 654-3247. BOWLING & BURGERS 1-8 p.m. Thede Bowling Center Call 654-3227.	<div>AT THE CLUB BREAKFAST NOW SERVING</div> Looking For A Place To Have Your Staff Meeting? Have Breakfast At The Club! Breakfast will be served from 6-9 a.m. Mon through Fri. Selections include: summer scrambled eggs, waffles & French toast, seasoned country potatoes, sausage, bacon, scones, bagels, biscuits & gravy, fresh fruit, coffee and a variety of teas.	WIN CASH!  Card Sales begin at 5 p.m. Early Bird Bingo at 6 p.m. Regular Bingo at 7 p.m. Community Center. Call 654-3247.	CHILDREN'S STORYTIME AT THE LIBRARY Every Wednesday 10 a.m. Base Library Call 654-3232.	SUMO WRESTLING NIGHT 6 p.m. Refuge Call 654-3247. WE'VE GONE WIRELESS! Bring your lap top. Daily, weekly or monthly fees. Community Center Call 654-3247.
POOL HOURS OF OPERATION <small>(Hours will expand as staff is added.)</small> Mon, Wed, Thur, Fri 1 to 6 p.m. Sat & Sun 11 a.m. to 7 p.m. Closed Tuesday Rec Camp Pool Thur through Tues 12 Noon to 8 p.m. Closed Wednesday McCarr Pool Tue, Wed, Thur, Fri 1:30 p.m. to 7 p.m. Sat & Sun 11 a.m. to 7 p.m. Lap Swim 11 a.m. to 1:30 p.m. Closed Monday		WIRELESS ACCESS AVAILABLE AT THE LIBRARY FREE! Bring your lap top. Base Library Call 654-3232.		<div>Check us out on the web! www.goodfellowservices.com Give Us Your 2¢</div>		

The Jungle Book
 MISSOULA CHILDREN'S THEATRE
First Grade & Up Auditions Aug 14
August 14 Thru 19
 Performances on the 18th at 7 p.m. & 19th at 2 p.m.

First Call For Actors!

The annual Missoula Children's Theatre is schedule for August 14 through 19. The story this year is, "Jungle Book". Youth from first grade and up are welcome to participate. If your child would like to learn about acting, make-up and more, this is a wonderful experience. The workshops will be held at the Community Center, bldg 127. Workshops include:
 "What If?"-This magic question allows elementary students to use their own creativity in a performance environment and encourages structure though imagination. (Grades 3-5)
 "Acting Up"-This informative workshop delves into the basics of the acting craft. Various exercises are used to ease inhibitions while allowing the participants to develop a working strategy for approaching a role. (Grades 6-8)
 "Let's Make-up"-Without the support of visual image, the most talented of actors can portray only a narrow spectrum of characters. Make-up is the foundation and the most basic visual image for all performers. This participatory workshop teaches students of all ages by demonstrating corrective, old age and fantasy make-up. (Grades 1-12)
 Workshops will be half days and the other half will be spent rehearsing the play. The week builds with excitement as everyone prepares for the two performances. The first is Friday, August 18 at 7 p.m. and the second Saturday, August 19 at 2 p.m. Both performances are at the Base Theater and are free to the Goodfellow base population.
 Auditions will be held August 14. (Time to be determined later.) If you would like more information call 654-3247 or 654-4705.

Friday Night Dining at the Club
 Join Your Friends for Dinner
Friday August 4 5-9 p.m.
 Goodfellow Club Bldg 723 654-5327

UNIT SPOTLIGHT: 17 TRW/XP

By AIRMAN 1ST CLASS LUIS LOZA GUTIERREZ

EDITOR

Unit: 17th Training Wing Plans and Programs

Mission: To support the commander and mission of the 17th Training Wing by planning, programming, managing and providing wing oversight for projects and programs impacting the wing and its subordinate organizations.

Vision: Preparing Goodfellow Today...for Tomorrow's Challenges.

What does XP do? Wing Plans is the administrative custodian for the wing's 19 major plans, both operating plans and programming plans. XP is also responsible for the wing's Office of Primary Responsibility program, the wing's exercise and evaluation program and Coordinator and Director of the Wing Crisis Action Team (CAT).

What are the CAT, ARMO, and EET?

The Crisis Action Team (CAT) provides the installation commander and selected members with timely and appropriate response to all taskings in support of real-world contingencies and exercise scenarios.

The Air Reserve Management Office (ARMO) directs usage of over 40 assigned and attached Reserve personnel at Goodfellow. The ARMO develops wing mobilization directives in support of Air Force and Command Instructions and War and Mobilization Plans; trains unit reserve coordinators (URCs); acts as liaison and point of assistance for IMAs, and educates the active force on Reservists' contributions to the total force.

The Exercise Evaluation Team (EET) is utilized by the wing commander to assess the wing's ability to perform its war and peacetime contingency missions. The EET plans, conducts and assesses exercises as required by Air Force instructions and other applicable directives. In doing so, it provides commanders, staffs and functional managers independent information on their overall capabilities to respond to a crisis or contingency.

What if I want to retrain into XP? Wing XP is a selectively manned office comprised of several Air Force specialty codes. While there is no specific career path leading to XP, those interested in working directly for the wing commander should contact the XP office at 654-3844.

The 17 TRW/ XP staff is: Maj. Doug Nichols, director; Jim Hutchinson, deputy director; Master Sgt. Sean Wade, superintendent; Tech. Sgt. Peggy Bisko, ARMO Coordinator; Tech. Sgt. Dane Flint, deputy of operations plans/EET deputy; Tech. Sgt. Kevin Standifer, CAT coordinator; Staff Sgt. Eloise Sanchez, plans administration; Tammy Egger, chief of operations plans



Photo by Senior Airman Michele Misiano

Network Intelligence Analysis class set to graduate

Network Intelligence Analysis Apprentice Course Class 060322 is scheduled to graduate Tuesday. Front row (left to right): Staff Sgt. Bill Petrazzuolo (Instructor), Airman 1st Class Danitra Horn, Airman Jessica Espinosa, Staff Sgt. Thomas Drake, Airman 1st Class Kyle Fleming, Tech. Sgt. James Riggie (Instructor) and Senior Airman Kristie Morris (Instructor). Back row (left to right): Airman Mitchell Gauck, Airman 1st Class Jesse Sherwood, Airman 1st Class Richard Hotchkiss, Airman Richard Maser, Master Sgt. Tony Novara, Airman 1st Class Austin Stevens and Airman Gabriel Huber.



**Educating,
training, leading
and mentoring
the enlisted men
and women of
Goodfellow Air
Force Base.**

At a Glance with Services

August 19 at 8 a.m.

Paintball


Tourney

5-Man Speedball Tournament
Any 5-Man Team
Goodfellow Paintball Field
at the Lodge
\$20 per team
Captain's meeting Aug 18 at 6 p.m.
at the Lodge




Outdoor Rec
FMI: 654-5562

Mongolian BBQ



At The Club
Wednesday
August 16
5 p.m.
50¢ per oz.




Goodfellow Club
Bldg 723 654-5327

TRIATHLON

SWIM Swim 1000 Meters at McGarr Pool
RUN Run Two Miles Around the Running Track
OBSTACLE COURSE Complete the Base Obstacle Course

Saturday August 19 11 a.m.
Mathis Fitness Center-Bldg 140

Three person teams
No entry fee
Open to all base personnel



POC TSgt Reggie McKnight 654-3550

Reading is an Adventure



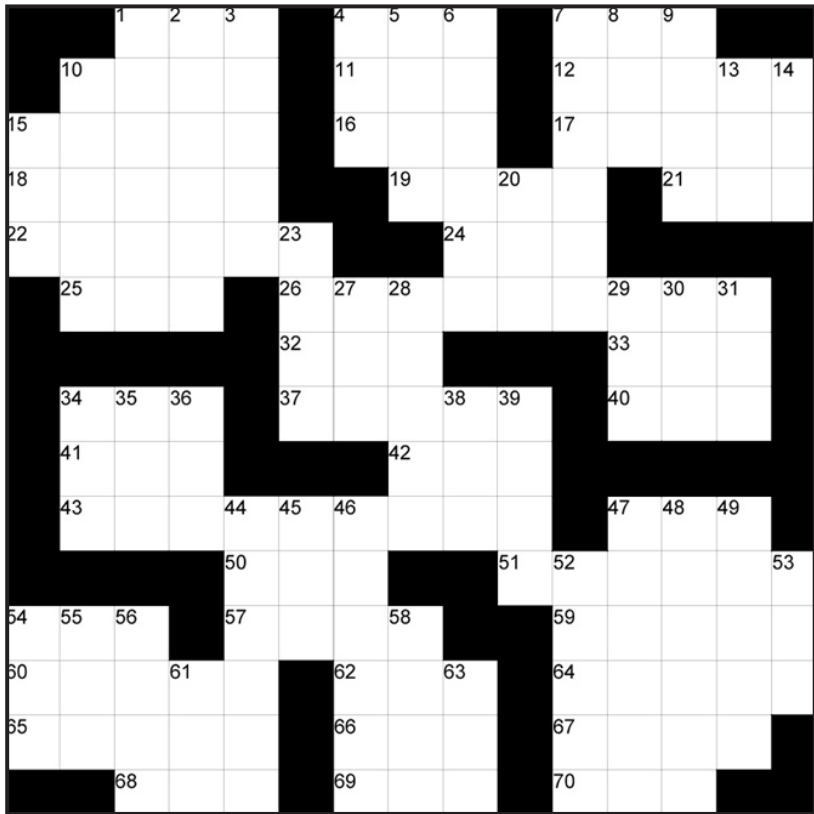
"There are a thousand stories waiting to be told at the Library!"

Children's Summer Reading Program
Awards Party
Saturday August 5
2-4 p.m.



Library Information System
Bldg 712 654-3232

Community



Answers in next week's issue

By Capt. Tony Wickman, 71st Flying Training Wing Public Affairs

Defensor Fortis

ACROSS

- 1. Crypto org.
- 4. Resistance unit
- 7. Murder, __ Wrote
- 10. Glory __
- 11. Actress West
- 12. Pale lifeless appearance
- 15. Moon valley
- 16. __ Clear; resume normal operations or initiate recovery
- 17. General threat against personnel/facility, unpredictable in nature
- 18. Run against; come into collision
- 19. Rip
- 21. Current
- 22. Dish
- 24. USN rank
- 25. 67°30 east of due north
- 26. Corrected by punishment
- 32. EarthLink competitor
- 33. USAF deployment set
- 34. Auto club
- 37. Condition when attack has occurred
- 40. Fall mon.
- 41. CBS program
- 42. Hearing instrument
- 43. Base defender procedure to identify friend or

DOWN

- 1. Bad credit result
- 2. Quick, effective report to upchannel enemy actions
- 3. Author Ashworth
- 4. German grandma
- 5. Command issued during 43 ACROSS
- 6. Brawls
- 7. Meager
- 8. 2001 computer
- 9. Sports channel
- 10. M-16; primary weapon for base defenders

- 13. Article
- 14. Careen
- 15. 50 Cents music
- 20. Picnic pest
- 23. Large number
- 27. Garden tool
- 28. Revolutionary hero Ethan
- 29. USN equivalent to AFB
- 30. Shoe size
- 31. Hasty or fighting; base defender spot to fire on enemy
- 34. USAF MAJCOM
- 35. Burn residue
- 36. USAF intel org.
- 38. Children's game
- 39. __ of Responsibility
- 44. Slanted
- 45. Appendage
- 46. Kay Thompson character
- 47. Yellow and Black; conditions in base defense
- 48. Alberta city
- 49. Base defender protection from enemy fire
- 52. Exsanguinate
- 53. Angry
- 54. AFB alternative
- 55. Barcode, in short
- 56. Wound result
- 58. Map lines; used to identify locations/targets
- 61. Bullring cheer
- 63. Donkey

All eyes on you

The Goodfellow

weekly spotlight

NAME: Jacolyn Wade

RANK: Technical Sergeant

UNIT: 17th Training Wing Military Equal Opportunity

DUTY TITLE: Equal Opportunity Advisor

TIME ON STATION: 2 years

TIME IN SERVICE: 22 years

PREVIOUS BASES: Incirlik Air Base, Turkey; Dover Air Force Base, Del.; Anderson AB, Guam; Bergstrom AFB, Texas; Aviano AB, Italy

HOMETOWN: Henderson, Texas

HOBBIES: Painting, interior design, writing poetry and gardening.

ASPIRATIONS: To be a good mom, a good listener and to publish another book.

FAVORITE QUOTE: "Withold not good from them to whom it is due; when it is in the power of thine hand to do it."

PROVERBS 3:27



Photo by Airman 1st Class Luis Loza Gutierrez

Tech. Sgt. Jacolyn Wade demonstrates how she would begin to investigate a complaint by performing a mock scenario with the help of Master Sgt. Jeffrey Sealey Tuesday at her office.

Last week's puzzle solution:



July 28 to August 3 dining facility menu

Menu is subject to change

Lunch

- Beef and Corn Pie
- Roast Turkey
- Fried Shrimp

Brunch

- Swedish Meatballs
- Savory Baked Chicken
- Creole Shrimp

Brunch

- Mustard Baked Chicken
- Cantonese Spareribs
- Oven Fried Fish

Lunch

- Pot Roast
- Roast Loin of Pork
- Baked Stuffed Fish

Lunch

- Veal Parmesan
- Teriyaki Chicken
- Salmon Cakes

Lunch

- Tacos
- Chicken Enchiladas
- Mexican Baked Chicken
- Beef Ball Stroganoff
- Turkey and Noodles

Lunch

- Grilled Salisbury Steak
- Herbed Baked Chicken
- Southern Fried Catfish

Friday

Dinner

- Yankee Pot Roast
- Simmered Corn Beef
- Pineapple Chicken

Saturday

Dinner

- Hungarian Goulash
- Barbecue Chicken
- Baked Fish

Sunday

Dinner

- Grilled Steak
- Stir Fry Beef with Broccoli
- Turkey Nuggets

Monday

Dinner

- Chili Macaroni
- Beef Manicotti
- Southern Fried Chicken

Tuesday

Dinner

- Meat Loaf
- Santa Fe Glazed Chicken
- Turkey a la King

Wednesday

Dinner

- Lemon-Herb Chicken
- Stuffed Pork Chops
- Barbecue Spareribs

Thursday

Dinner

- Jaegerschnitzel
- Glazed Cornish Hen
- Roast Loin of Pork

Hours of operation

Western Winds

Monday to Friday

- Midnight Meal ... 12:15-1:45 a.m.
- Breakfast ... 5-8:15 a.m.
- Lunch ... 10:30 a.m. to 1 p.m.
- Dinner ... 4:30-7 p.m.

Cressman

Monday to Friday

- Breakfast ... 4:30-7 a.m.
- Lunch ... 10:30 a.m. to 12:30 p.m.
- Dinner ... 6-8 p.m.

Saturday, Sunday and Holidays

- Brunch ... 8 a.m. to 1 p.m.
- Dinner ... 4-7 p.m.

MOVIES

Movies start at 7 p.m. in the base theater unless otherwise noted. Admission is \$2 for adults and \$1 for children under 11. Movie times are subject to change without notice.

The Lake House

Today and Thursday

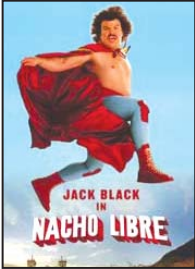
Sandra Bullock and Keanu Reeves star in this PG-rated movie. An independent-minded doctor who once occupied an unusual lake-side home begins exchanging love letters with its newest resident, a frustrated architect. When they discover that they're actually living two years apart, they must try to unravel the mystery behind their extraordinary romance before it's too late.



Nacho Libre

Saturday

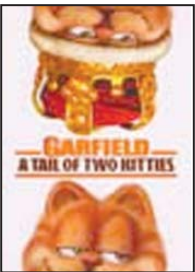
Jack Black stars in this PG-rated movie. Nacho is a man without skills. After growing up in a Mexican monastery, he is now a grown man and the monastery's cook, but doesn't seem to fit in. Nacho cares deeply for the orphans he feeds, but his food is terrible--mostly, if you ask him, a result of his terrible ingredients. He realizes he must hatch a plan to make money to buy better food for "the young orphans, who have nothing" (and if in doing so Nacho can impress the lovely Sister Encarnacion, that would be a big plus). When Nacho is struck by the idea to earn money as a Lucha Libre wrestler, he finds that he has a natural, raw talent for wrestling.



Garfield: A Tale of Two Kitties

Sunday

Bill Murray stars in this PG-rated movie. When Garfield follows his owner, Jon Arbuckle, to England, the U.K. may never recover, as Garfield is mistaken for a look-alike, regal cat who has inherited a castle. Garfield savors the royal treatment afforded by his loyal four-legged subjects, but his reign is in jeopardy. The nefarious Lord Dargis is determined to do away with Garfield, so he can turn the castle into a resort. Garfield's bigger, better, more purr-fect world is soon turned upside down in this tale of two kitties.



Hey, check this out!

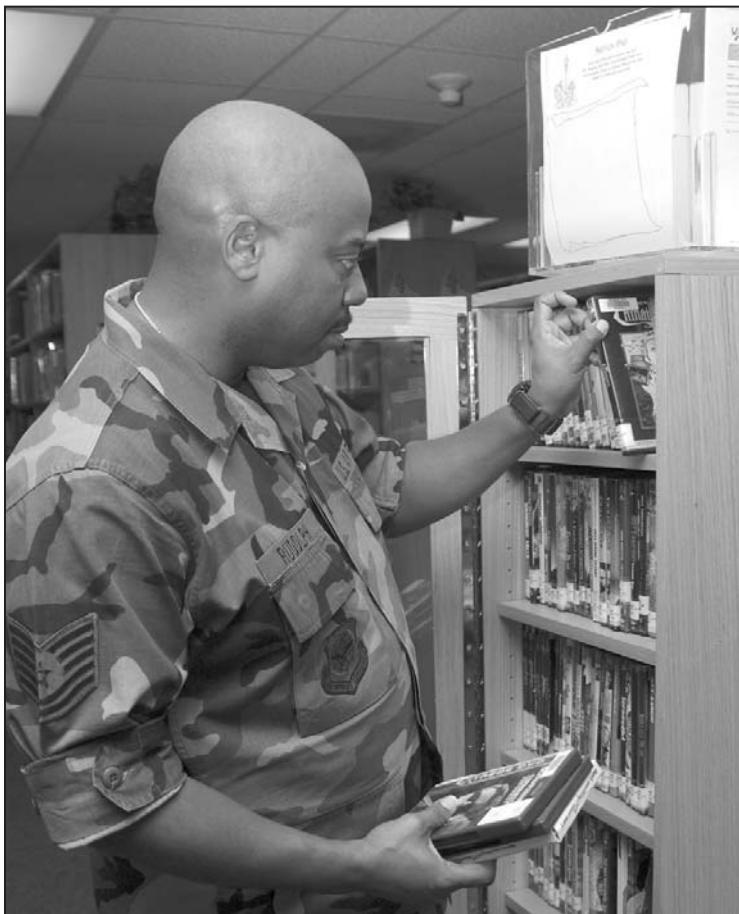


Photo by Senior Airman Michele Misiano

DVDs free to check out at base library?

Tech. Sgt. Alonzo Rudolph, a student in the Intelligence Analyst Apprentice Course with the 315th Training Squadron, checks out the selection of DVDs available for free check-out at the base library. Goodfellow personnel are allowed to check out three DVDs at one time. Registering for a Goodfellow library card is a requirement. The base library is located directly behind the Goodfellow Club. For more information, call 654-3232.

From **BAYONETS**, page 2

accomplish the impossible: attack with bayonets against a larger, better armed force. So when you think you don't have the resources or manpower to accomplish your mission, consider the leadership of Col. Joshua Chamberlain and fix bayonets for the charge.

DID YOU KNOW?



July 29
1952: An RB-45 assigned to the 91st Strategic Reconnaissance Wing flies from Elmendorf Air Force Base, Alaska, to Yokota Air Base, Japan, making the first nonstop transpacific flight by a jet aircraft.

August 1
1960: Strategic Air Command's 43d Bombardment Wing at Carswell Air Force Base, Texas accepts the first operational B-58 Hustler medium bomber. The first supersonic bomber, the delta-wing aircraft flies at twice the speed of sound and can be refueled in-flight.

1990: Air Force Space Command establishes first space system infrastructure to directly support a military conflict. The satellite systems will relay communications, provide meteorological data and detect short-range missile launches.

August 3
1977: Cadet First Class Edward A. Rice Jr. of Yellow Springs, Ohio, becomes the first African-American commander of the Cadet Wing at the U.S. Air Force Academy.

Fall into Savings with the 2006 Fall/Winter Exchange Catalog

The 2006 Fall/Winter Exchange Catalog is now available at the Goodfellow BX. Featuring a wide range of merchandise representing the Exchange's commitment to quality, value and selection, the new catalog includes nearly 600 pages of popular, name brand merchandise geared to help military families decorate, organize or just indulge.

"Customers can find almost everything they need, from a new pair of running shoes to that extraordinary piece of jewelry for someone special. The new Fall/Winter catalog offers the convenience of shopping a value priced department store right from the comfort of your own home," said Main Store Manager Joan Strawderman. "Associates are ready to assist 24/7 and the online stores are always open."

The 2006 Fall/Winter Exchange Catalog is available at the front registers in the Main Store, the kiosk by Customer Service, or online at afes.com, usmc-mccs.org, navy-nex.com or cg-exchange.com.

Prices in this all-services catalog are valid through Jan. 15, 2007, for any authorized exchange customer. Active duty military members of the Army, Air Force, Navy, Marines and Coast Guard, as well as military retirees, reservists, National Guardsmen, Department of Defense civilians stationed overseas, Exchange employees and their family members are all authorized exchange privileges.

Orders can be placed by mail, fax or phone. Toll free orders can be placed from the United States, Puerto Rico or Guam at 800-527-2345. The Exchange Catalog center is open around-the-clock, seven days a week. Complimentary international access calling is also available from several countries. Those numbers are:

Germany	0800-82-16500
Japan/Okinawa	00531-11-4132
Korea	00308-13-0664
Italy	8008-71227
Belgium	8000-7-2432
Netherlands	8000-022-1889
United Kingdom	0800-96-8101
Spain	900-971-391
Turkey*	00800-18-488-6312

* Calls cannot be placed from phones on base. Use off-base commercial lines.

WHAT (AND HOW) TO RECYCLE ON GOODFELLOW

Paper: All office paper, including envelopes

- No carbons
- No envelopes with windows.
- No shredded paper.
- Use gray lock bins for Privacy Act material

Newspaper: Newspaper and all inserts.

- No strings, plastic binding straps or wrapper bags.

Catalogs and Magazines:

- All catalogs and magazines are accepted for recycle.
- Telephone books are included.

Plastic: Plastic containers #1 and #2 only (all colors)

- Removed and discard all caps and lids.
- Only plastic PETE #1 (soft drinks and juice bottles for example) and HDPE #2 (milk jugs and some laundry detergent bottles)

Cardboard: Corrugated boxes and brown paper bags only

- Remove packaging and flatten.
- Corrugated cardboard only -- no chipboard (cereal and shoe boxes, for example)
- Absolutely no pizza boxes.

Aluminum Cans:

- Rinse cans thoroughly
- Beverage cans only - no scrap metal, aerosol cans, pie pans, etc.

I Don't Smoke Weed.

Respect, goals, and motivation are not things I want to lose over drugs.

POP SINGER:
JESSICA SIMPSON

TOLL FREE:
1-877-9-NO-DRUG

Partnership for a Drug-Free Texas & America
© 2006 UNIVERSITY OF TEXAS AT AUSTIN



Tobacco Cessation

The Health and Wellness Center will host hour-long Tobacco Cessation classes, scheduled for Thursday and August 10. The sessions are scheduled for 11:30 a.m. and 4:30 p.m. For more info or to enroll call 654-5725 or 5962.

**** NOTE:** If attending a course is not feasible for you, please inquire about the self-managing tobacco cessation program. Services Tobacco Addiction Reduction Program (STAR)

THE BENEFITS OF QUITTING TOBACCO

Within 20 minutes of quitting - your blood pressure and pulse rate drop to normal and the temperature of your hands and feet increases to normal.

Within 8 hours of quitting - your carbon monoxide levels drop and your oxygen levels increase, both to normal levels.

Within 24 hours of quitting - your risk of a sudden heart attack decreases.

Within 48 hours of quitting - nerve endings begin to regenerate and your senses of smell and taste begin to return to normal.

Within 2 weeks to 3 months of quitting - your circulation improves and walking becomes easier; even your lung function increases up to 30%.

Within 1 to 9 months of quitting - your overall energy typically increases and symptoms like coughing, nasal congestion, fatigue, and shortness of breath diminish; also, the small hair like projections lining your lower airways begin to function normally. This increases your lungs' ability to handle mucus, clean the airways, and reduce infections.

Within 1 year of quitting - your risk of coronary heart disease is half that of someone still using tobacco.

News Briefs

Airman and Family Readiness

The Airman and Family Readiness Center (formerly known as the Family Support Center) offers the following services:

◆ **Car Buying 101:** Every Friday at 1 p.m. The class promotes the welfare of members by assisting them in making informed financial decisions before they enter into an agreement to purchase a vehicle.

◆ **Workforce Solutions of the Concho Valley:** Every Thursday from 9 a.m. to noon a representative from the Texas Workforce Commission is available at the Airman and Family Readiness Center Annex, Bldg. 246. They will be able to help with issues concerning unemployment compensation, job search, job training and help people create a draft resume in 30 minutes.

◆ **Transition Assistance seminar:** August 8-10, 7:30 a.m. - 4:30 p.m. This three-day seminar is designed for those retiring or separating from the military. It is a MUST for any transitioning member; spouses are highly encouraged to attend. Information is given on job searches, TRICARE, veterans' benefits, finances, and more! Ideally, you will take this class at least 12 months prior to separation/retirement. Civilian clothes authorized. A pre-separation counseling appointment is recommended before attending the seminar - schedule your appointment on-line at www.familysupportgoodfellow.org, or call 654-3893.

◆ **Troops to teachers/ Spouses to teachers Seminar:** Teaching as a Second Career: August 11, 11:00 - 1:00 at the Airman and Family Readiness Center, Bldg 300. Meryl Kettler, the state TTT coordinator, will present information and answer questions about becoming a teacher in Texas. Open to military members, spouses, and civilians. Registration not required.

◆ **Understanding Mutual Funds:** Wednesday 11 a.m. to 12:30 p.m. Students learn to use mutual funds to meet short/medium range goals. They also learn to use mutual funds for a retirement account. Information is provided on evaluating and purchasing mutual funds. This class is Part 3 of a four-part Lunch and Learn Financial Series. The previous two parts, Secrets to Financial Success and Investing are recommended, but not required.

◆ **Solo Flight (Single Parent Support Group):** August 10, 11a.m., at Charcoal House

Restaurant (pay as you go). This group meets at a restaurant each month, to discuss issues that affect single parents. It is open to all branches of service; military or civilian, and includes "temporary" single parents due to sponsor's TDY/deployment/remote assignment.

◆ **Prenatal Orientation / Bundles for Babies:** Thursday, 1-3:30 p.m. If you are pregnant and have questions, this is the class for you. Get straight forward answers and information from a Certified Maternal/Child Nurse and receive a free "What To Expect When You're Expecting" book. We will also discuss financial planning for your new arrival and you will receive a free bundle full of essential baby care items. Registration required. Call the Life Skills Support Center at 654-3122.

◆ **Resume writing class:** August 11, 8-11a.m., in Bldg 300. This skills building workshop teaches the ABC's of resume writing. By taking this class, you will be able to professionally write your own resume and learn how modify it for all the jobs you seek.

Unless otherwise stated, classes are at the Airman and Family Readiness Center, Bldg. 300.

For more information or to sign up for a class, call 654-3893 or visit www.familysupportgoodfellow.org, click on "schedule a meeting," click on "events," then select the class.

Enlisted Spouses Group

◆ **Learn & Play Bunco:** Thursday, 6:30 p.m. in the Chapel Fellowship Hall. Bring a wrapped gift costing \$5 or less.

◆ **Consultant's Bazaar:** The Enlisted Spouse's Group is holding a Consultant's Bazaar at the Chapel Fellowship Hall on August 3 from 5-8 p.m. Cosmetics, food, scrapbooking and stamping companies will all be represented. One evening presents many opportunities! Buy great things, book a party, join the fun!

The Goodfellow Enlisted Spouse's Group is open to spouses of enlisted service members of all branches. We are a social group working to meet the needs of enlisted families at Goodfellow. There is no fee to be a member.

For more information, contact Angie Wilson at (325) 212-1376 or GoodfellowESG@hotmail.com.



Chapel Schedule

CHAPEL WORSHIP SCHEDULE: The Goodfellow Chapel holds Catholic and Protestant services, religious education every Sunday and other programs.

Catholic services:

- ◆ Catholic services:
- ◆ Sunday Mass at 9 a.m.
- ◆ Noon Tuesday through Friday
- ◆ CCD at 10:30 a.m. in Bldg 135 (Sept-May)
- ◆ R.C.I.A. at 10:30 a.m. in Bldg 139 (Sept-May)

Protestant services (Sundays):

- ◆ 11 a.m., Traditional Protestant Worship

Service

- ◆ 2 p.m., Gospel Service
- ◆ 6 p.m., New Life Contemporary Service
- ◆ Sunday school for all ages at 9 a.m. in Bldg 135 (Sept-May)

◆ Children's Church - Sundays with 10:30 a.m. worship service at Chapel

Choir Practices (In Chapel)

- ◆ 6 p.m. Traditional Worship Team,

Thursdays

- ◆ 5:45 p.m., Gospel Service, Thursdays
- ◆ 6 p.m., Catholic Choir, Wednesdays
- ◆ 7 p.m., New Life Contemporary Service,

Thursdays

Bible Studies:

- ◆ Catholic Bible Study, 7 p.m. Mondays at Crossroads
- ◆ Chit Chat Lunch, 11:30 a.m. Tuesdays at Crossroads
- ◆ Promise Keepers, 11 a.m. Wednesdays, in Bldg 136, 7 p.m. Wednesdays at Crossroads
- ◆ Family Bible Study, 7 p.m. Thursdays at Bldg. 135

For more information on chapel programs, call 654-3424.

For more information on Jewish programs, call 654-3424.

Student Clinic Hours

Hours 6:30 a.m. to 3:30 p.m. Phone # 654-3146

Sick Call – 6:30-8:30 a.m. (Mon. – Fri.) AM only
Mon & Tues (1230-1400) PM only
Wed-Thurs-Fri (1300-1400) PM only



Acute issues only: no administrative issues, no follow-ups, no medication refills, no immunizations.

Immunizations
Mon, Tue & Thurs 1:30 – 3 p.m.

Overseas Clearances
Schedule through the MPF; Afternoon Appt Only; Wednesdays and Fridays
1:30–3 p.m.

Profile Extensions, Medication Refills, In and Out Processing, and Lab/X-Ray Results

9–10:30 a.m. and 2–3 p.m.

Appointment Line 325-654-3149

Air Force Ball

Mark your calenders! Goodfellow's Air Force Ball is set for Sept. 16 at 6 p.m. at the C.J. Davidson Conference Center. (Ticket price to be determined)

The committee needs volunteers and emcees; all who are interested should come to an audition July 28 at 3 p.m. at the base theatre.

For more information, call 654-3632.



AF voting program helps Airmen exercise their right

RANDOLPH AIR FORCE BASE, Texas -- Air Force personnel and their families serving around the world have the right to vote and the Air Force Voting Program's mission is to ensure they have the information and tools needed to exercise that privilege.

As a part of the program, every Air Force installation has designated voting assistance officers who can assist Airmen and voting age family members with the registration and voting process. Prior to deploying, Airmen receive voting materials needed to notify their state of new mailing address and continue to receive voting assistance from home voting officers and on site PERSCO teams.

"We want to ensure that every Airman's sacrifice of service does not interfere with his or her right to vote," said Mr. John Lawrence, Air Force Voting Action Officer at the Air Force Personnel Center here. "However, each person must accurately complete the absentee voting process from registering and requesting a ballot to submitting the absentee ballot."

Personnel serving away from their voting residence should use Federal Post Card Application Standard Form 76 to register and request absentee ballots. The SF 76 and 2006-07 Voting Assistance Guide, which lists the unique voting rules for each state, are available on line at www.fvap.gov or may be obtained from your base voting assistance officer.

To help ensure their vote counts, officials remind personnel to be careful when filling out the SF 76 as it is most often returned without action for the following reasons:

- Inadequate legal voting residence address - Address information was not sufficient to locate members voting precinct/ward/parish/etc.
- Inadequate current mailing address - Member moved or deployed without forwarding an SF 76, letting the state know his new address and the post office will not forward ballots.
- Writing illegible
- Failure to indicate party preference - Primary ballots will not be sent without a party designation
- Form incomplete - All information specified in the VAG must be completed
- Application sent to wrong jurisdiction (see addresses listed in the VAG)
- No signature

For more information on voting, or for assistance, contact your installation voting officer through your base telephone operator or visit the Air Force Voting Action site at www.afcrossroads.com/voteFund/Vote/default.htm. (Courtesy of Air Force Personnel Center Public Affairs.)

GOODFELLOW AIR FORCE BASE VOTING ACTION HOTLINE

**For up-to-date voting information
please call 654-4457
or DSN 477-4457.**



Goodfellow Duathlon and Triathlon 2006



Anna Komitov rides a bicycle during the 10-mile bike portion of the Duathlon Sunday by Lake Nasworthy.



Col. Stephen Czerwinski presents Bill Cullins with a medal for finishing second in the Duathlon.



Michelle Schickedanz is about to cross the finish line and complete her participation in the duathlon Sunday.

The Goodfellow Duathlon and Triathlon 2006 took place Sunday at Mary E. Park.

The event which was held for the first time and coordinated by 2nd Lts. Deborah Westbrook and Kenneth Corigliano, military intelligence students with the 315th Training Squadron.

Approximately 100 people volunteered, cheered, watched or competed. Student Soldiers from the 344th Military Intelligence Battalion were the first ones to arrive and part of the last group to leave as they helped set up and tear down water stations and registration booths.

Col. Stephen Czerwinski, 17th Mission Support Group commander was on hand to give open and closing remarks for the event, as well as to present the prizes and medals to various competitors.

The event featured two races. One was a triathlon which involved a 300-meter buoy swim, a 10-mile bike race and a 5-kilometer run. The top-three-overall winners for the triathlon were: First place, Josue Nunez; second place, Boyd Guthrie and third place, Lance Abaya. Lt. Corigliano was the actual top-overall winner of the triathlon, but humbly declined receiving any award because of his position as race director.

The other featured race was a duathlon, which involved competitors running 1 mile, biking 10 miles and then running an additional 2 miles. The top-three-overall winners for the duathlon were: First place, Anna Komitov; second place, Bill Cullins and third place, Dan Posey.

Competitors shared some afterthoughts of the event.

"The race was very challenging. The toughest thing for me was the heat because I usually run when it is cooler. I usually run every weekend so I would definitely look forward to competing in another race like this," said Army 1st Lt. Paola Monge.

"I'd say this was a very successful event. There was a good turn out for this area. I enjoy taking part in events put on by the troops on Goodfellow like the Marine Corps Bulldog Run and the Army's Armydillo Run," said 74-year-old Shirl Koenig, the oldest racer in the competition.

"Events like these are a great way for military members to take part in the community and promote a healthy way of living," Mr. Koenig added. (Photos by Staff Sgt. John Barton. Story By Airman 1st Class Luis Loza Gutierrez).



Members of the Community Fitness Club of San Angelo prepare servings of fresh fruit for guests and competitors attending the athletic event.

Circuit Training For Kids!



Jordan Armour jumps rope. Jumping rope is one of several activities children do as part of the circuit training workout

The base Youth Center and the Mathis Fitness Center have teamed up to create Circuit Training for Kids, a workout program offered at Carswell Fieldhouse.

The 4-week-long program designed for children ages 8 to 15 was created to promote a healthy lifestyle amongst the local youth.

The program began July 10 and will run through August 5.

The program allows children to learn about cardiovascular fitness and ways to achieve age-appropriate goals. Children begin and end their workout sessions with stretching. The workouts consist of children rotating from one physical activity like jump rope to pushups or squats.

Classes are currently being offered Monday, Wednesday and Friday from 12:30 to 1:30 p.m.

Enrollment cost is \$25 per child. Parents can sign their children up at the Youth Center in Bldg. 915.

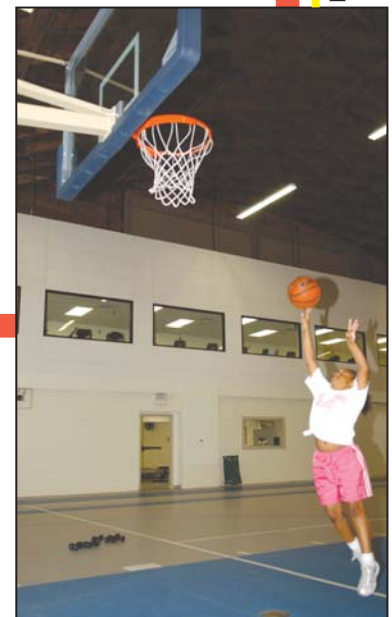
For more information, call 654-5127. (Photos by Staff Sgt. John Barton. Story by Tech. Sgt. Dorian Chapman.)



From left to right: Alexis Farr, Kayla Armour, Brianna Fickle, Jordan Armour and Airman Brandin Toomey do some lunges.



Airman Brandon Toomey leads Kids Circuit Training participants in a stretch prior to beginning the circuit training regiment.



Kayla Armour tries for a jump shot.

Sports

Sailor Booster Club Annual Golf Tournament

\$55 Per Player (Includes catered lunch, beverages and more...)

For more information or to register:
Call Caleb McDonald at 654-4482.
Registration limited to the first 28 Teams



Quicksand Golf Course
September 8
4-Person Scramble
Shotgun Start: 8:30 a.m.



Goodfellow Friendship Charity Golf Tourney



Quicksand Golf Course
August 4
Cost: \$60 per player
Registration 6:30 a.m.
120 Golfers - 30 Teams

Enjoy 18 holes of golf (including cart), lunch, and door prizes for each player. Tourney helps support operation WarmHeart; a program for assisting our military members in times of need. You'll help provide food baskets, calling cards, and other essential morale items; especially to the families of our deployed service-members.

For more information, call Marge Elliott (day) at 654-3407 or (evening) 653-6800.



Notice to our Patrons:

Due to AETC funding cutbacks, we will no longer be able to provide a towel service after Oct. 1.

From this time forward, our towel supply will gradually diminish until it is depleted.

Cutbacks will also affect the following areas:

Group Exercise Classes will require a fee as instructors will be contracted.

Intramural Sports Officials will no longer be funded. Alternatives will be considered.

BOWLERS WANTED!

10th Annual fund raiser for the Air Force Enlisted Heritage Hall

July 28 at the Thede Bowling Center

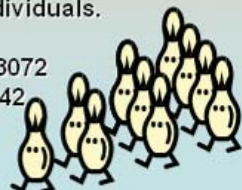
Bowlers will bowl 3 games in 2-hour slots.
(Bowling and shoes are FREE)

Time slots are 11 a.m. to 1 p.m., 1-3 p.m., or 3-5 p.m.

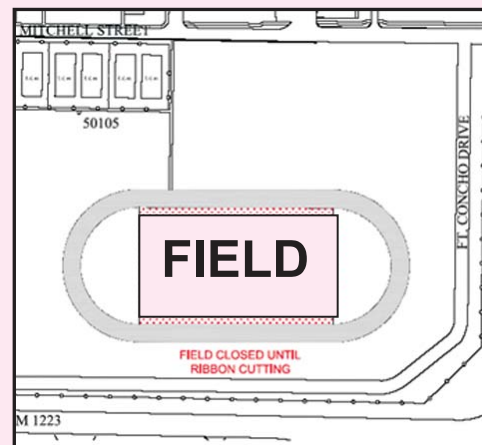
Each bowler will have a pledge sheet and will collect donations or they can be pledged by number of pins bowled.

Contacts are listed below. If your squadron doesn't have a POC then feel free to contact any of the below listed individuals.

17 MDG: Master Sgt. McGorty, 654-3072
17 TRG: Master Sgt. Lang, 654-5242



Base track open



The base running track is now open. The base field is still closed until the ribbon cutting ceremony scheduled for early August.

The 17th Civil Engineer Squadron asks that all people stay off the field as the contractor continues to refine the field to its best performance.

For more information call Joshua Ludwig at 654-5953.

Tinker Air Force Base, Oklahoma

2006

Bodybuilding Competition

Saturday, Sept. 30 6 pm

Base Theater

Weigh in: Sept. 30, 7-8 am

Prejudging: 9 am-1 pm

Entry Fee: \$25



Men's Class
Light ~ Middle
Lt. Heavy ~ Heavy

Surprise Guest Poser

Open to all Active Duty & dependents, Reserve, National Guard, NAF employees, Retirees, DOD employees and Contractors. Must be 18 years old or over and present a government ID card at check-in.



Women's
Light ~ Middle
Heavy

All competitors are entered in a drawing for a chance to win a Bowflex SelectTech 552 Dumbbells with stand
No tobacco environment intended

All pre-entries will receive a free T-shirt

Must have 15 paid competitors by COB Sept. 22

For more information or to register contact the Gentry Fitness Center at 734-5607/DSN 884-5607 or email

Christy.williams@tinker.af.mil
Ben.gibson@tinker.af.mil
Michael.trace@tinker.af.mil



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